



REPORT ON GUEST LECTURE ON *BREASTFEEDING* AMALTAS UNIVERSITY, DEWAS (MP)

Department: Paediatrics Department , AIMS Dewas

TOPIC: Importance of Breastfeeding

VENUE: Seminal Hall (5th Floor), AIMS, Bangar, Dewas

Date : 28 February, 2025

Time : 1:30 PM to 03:00 PM

Organized By: Paediatrics Department , Amaltas Medical College, Dewas

Brief description / Remark :

A guest lecture on the **Importance of Breastfeeding** was successfully organized on 28th February at the Seminal Hall (5th Floor), AIMS, Bangar, Dewas. The session aimed to enhance awareness among healthcare professionals and students regarding the vital role of breastfeeding in ensuring optimal child health and development. The program commenced at 1:30 PM and witnessed enthusiastic participation from faculty members, postgraduate residents, interns, and nursing staff.

The lecture was delivered by the esteemed Chief Guest, **Dr. Ulka Jamal** (MSW, PhD), who shared her expertise and experience in maternal and child health. Through an engaging and informative presentation, she emphasized the physiological, psychological, and social benefits of breastfeeding. She highlighted that breastfeeding is not only the natural and ideal nutrition for infants but also a powerful preventive intervention against childhood illnesses such as infections, malnutrition, and chronic diseases. □

Dr. Jamal elaborated on the concept of early initiation of breastfeeding, exclusive breastfeeding for the first six months of life, and continued breastfeeding along with complementary feeding up to two years or beyond. She stressed the importance of maternal counseling, community awareness, and supportive healthcare policies to promote breastfeeding practices. Her lecture also addressed common myths and misconceptions related to breastfeeding, thereby equipping the audience with evidence-based knowledge to counsel mothers effectively.

The session was conducted in the gracious presence of **Dr. Neha Kakani**, HOD, Department of Paediatrics, who encouraged the participants to actively contribute to spreading awareness about breastfeeding in both hospital and community settings. She underscored the department's commitment to improving neonatal and child health outcomes through educational initiatives and community outreach programs.



Dr. Pooja Muvel, Assistant Professor, Paediatrics, also graced the occasion and emphasized the importance of interdisciplinary collaboration in promoting maternal and child well-being. She motivated the young doctors and students to integrate breastfeeding promotion into their routine clinical practice.

The program was further honored by the presence of **Dr. Abhilash Kumar Pithawa**, **Dean, Amaltas Institute of Medical Sciences, Dewas**, who acknowledged the significance of such academic activities in strengthening institutional commitment toward public health priorities. He appreciated the efforts of the organizing team and emphasized the need for continuous training and awareness programs to improve health indicators in the region.

The lecture concluded with an interactive discussion session, where participants raised practical queries related to breastfeeding challenges in clinical settings. Dr. Jamal provided insightful solutions and encouraged the audience to adopt a compassionate and culturally sensitive approach while counseling mothers.

Participants

- MBBS Students
- PG Residents
- Interns

Objectives

- To spread awareness about the importance of breastfeeding.
- To educate healthcare professionals regarding exclusive breastfeeding practices.
- To promote effective maternal counseling and child healthcare awareness.

Key Highlights

- Expert lecture on breastfeeding awareness and child nutrition.
- Discussion on exclusive breastfeeding and complementary feeding.
- Clarification of myths and misconceptions related to breastfeeding.
- Interactive discussion session with participants.



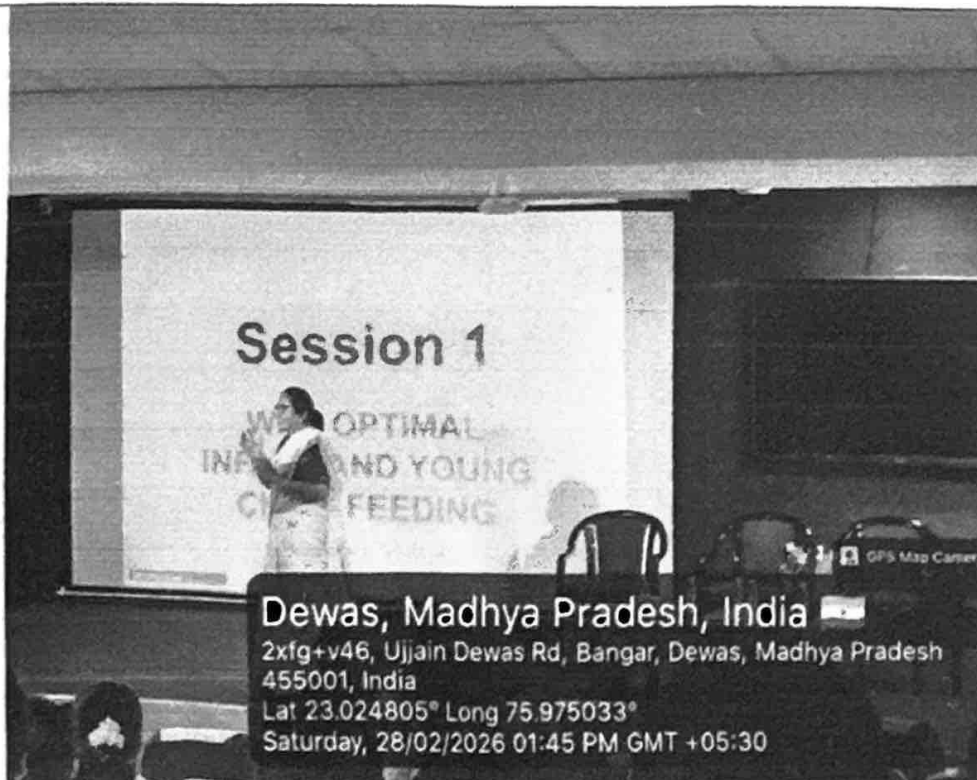
Outcomes

- Increased awareness regarding breastfeeding benefits and practices.
- Enhanced counseling knowledge among healthcare professionals.
- Encouragement for promoting breastfeeding in hospitals and communities.

Conclusion

The guest lecture was highly informative and impactful, reinforcing the critical importance of breastfeeding as the foundation of child survival, growth, and development. The session successfully motivated healthcare professionals to advocate for and support breastfeeding practices at individual, institutional, and community levels. The program ended with a collective pledge:

“Let us together promote the gift of mother’s milk for a healthy generation.”



Head of Department
Department of Pediatrics
Amal Das Institute of Medical
Sciences DEWAS

WGP



Variations in the Composition of Breastmilk 1/10

What differences do you notice here?

Colostrum Mature Milk Breast Milk

Google

Dewas, Madhya Pradesh, India 🇮🇳
2xfg+v46, Ujjain Dewas Rd, Bangar, Dewas, Madhya Pradesh 455001, India
Lat 23.024778° Long 75.975037°
Saturday, 28/02/2026 02:15 PM GMT +05:30

GPS Map Camera

Head of Department
Department of Pediatrics
Analtas Institute of Medical
Sciences DEWAS

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REPORT ON LIVE SURGERY ILIZAROV WORKSHOP – 07 April 2025

Discipline: Orthopedic Department, AIMS, Dewas

Subject: Right Side Tibia External Fixator; ILIZAROV Workshop

Date: 07 April 2025

Venue: Department of Orthopedic, Mayank Hall

Organized By: Orthopedic Department, Amaltas Institute of Medical Sciences, Dewas

Workshop Overview

The Orthopedic Department of Amaltas Institute of Medical Sciences, Dewas, organized a workshop on Right Side Tibia External Fixator and ILIZAROV Technique on 07 April 2025 under the guidance of Dr. Sameer Qureshi and the Orthopedic team. The workshop featured live surgical demonstrations, enabling medical professionals, postgraduate students, and orthopedic trainees to observe the ILIZAROV procedure in real time.

The session focused on pre-operative planning, application of the ILIZAROV external fixator, principles of distraction osteogenesis, intra-operative decision-making and post-operative care. The live demonstration helped participant's gain practical understanding of the technical aspects of external fixation and modern orthopedic fracture management.

The workshop was conducted by experienced orthopedic surgeons and faculty members, ensuring academic clarity, precision, and effective hands-on learning throughout the session.

Participants

- Orthopedic Faculty Members
- Postgraduate (PG) Residents

Objectives

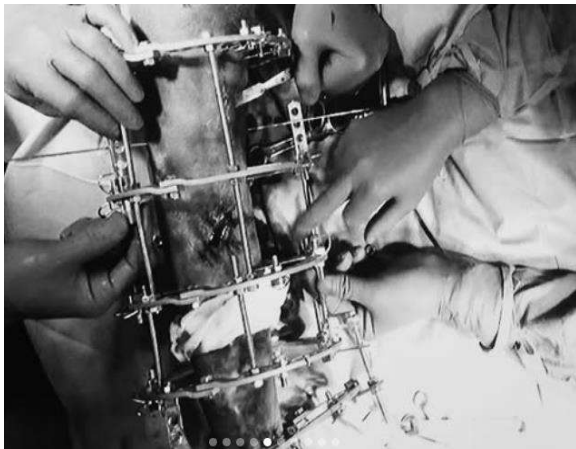
- To demonstrate the principles and applications of the ILIZAROV method in orthopedic surgery.
- To enhance understanding of fracture stabilization and limb reconstruction procedures.
- To develop clinical and procedural skills among PG residents.
- To encourage competency-based and hands-on learning in orthopedic practice.

Conclusion

The Live Surgery Ilizarov Workshop stands as a **significant milestone** in the academic journey of Amaltas Institute of Medical Sciences, Dewas. Through such initiatives, the institute continues to empower its students, contribute meaningfully to the medical fraternity, and uphold its commitment to **practical learning, technological advancement, and academic leadership in medical sciences.**

Submitted By :- Orthopedic Department, AIMS Dewas


Department of Orthopedics
Amaltas Institute of
Medical Sciences, Dewas



Live Sialoendoscopy Workshop Report – 17 April 2025

Discipline: Otorhinolaryngology Department, AIMS Dewas

Subject: Live Sialoendoscopy Workshop

Date & Time: 17 April 2025, 09:30 AM

Venue: Department of Otorhinolaryngology, Mayank Hall, Amaltas Hospital

Organized By: Otorhinolaryngology Department, Amaltas Institute of Medical Sciences, Dewas

Workshop Overview

The Department of Otorhinolaryngology at Amaltas Institute of Medical Sciences, Dewas, organized a Live Sialoendoscopy Workshop on 17 April 2025 at Mayank Hall, Amaltas Hospital. The workshop brought together faculty members, residents, clinicians, and MBBS students for an advanced academic and clinical learning experience.

The session featured live demonstrations of Sialoendoscopy procedures for salivary gland disorders using minimally invasive endoscopic techniques. Participants gained practical exposure to diagnostic evaluation, therapeutic management, instrumentation handling, and real-time clinical decision-making.

The event was conducted under the guidance of the OT team — Dr. Anshul Sharma, Dr. Rajeev Gupta, and Dr. Uravashi Mudliar. Dr. A. K. Pithawa, Dean, also attended the workshop and encouraged participants through his academic guidance and support.

Workshop Highlights

- Live demonstration of Sialoendoscopy procedures.
- Hands-on exposure to endoscopic techniques.
- Training on instrumentation and procedural workflow.
- Real-time discussion on diagnosis and management.

Outcome

- Improved practical understanding of Sialoendoscopy procedures.
- Enhanced clinical and surgical learning among participants.
- Strengthened academic interaction and skill-based training.

Date:-18/04/2025

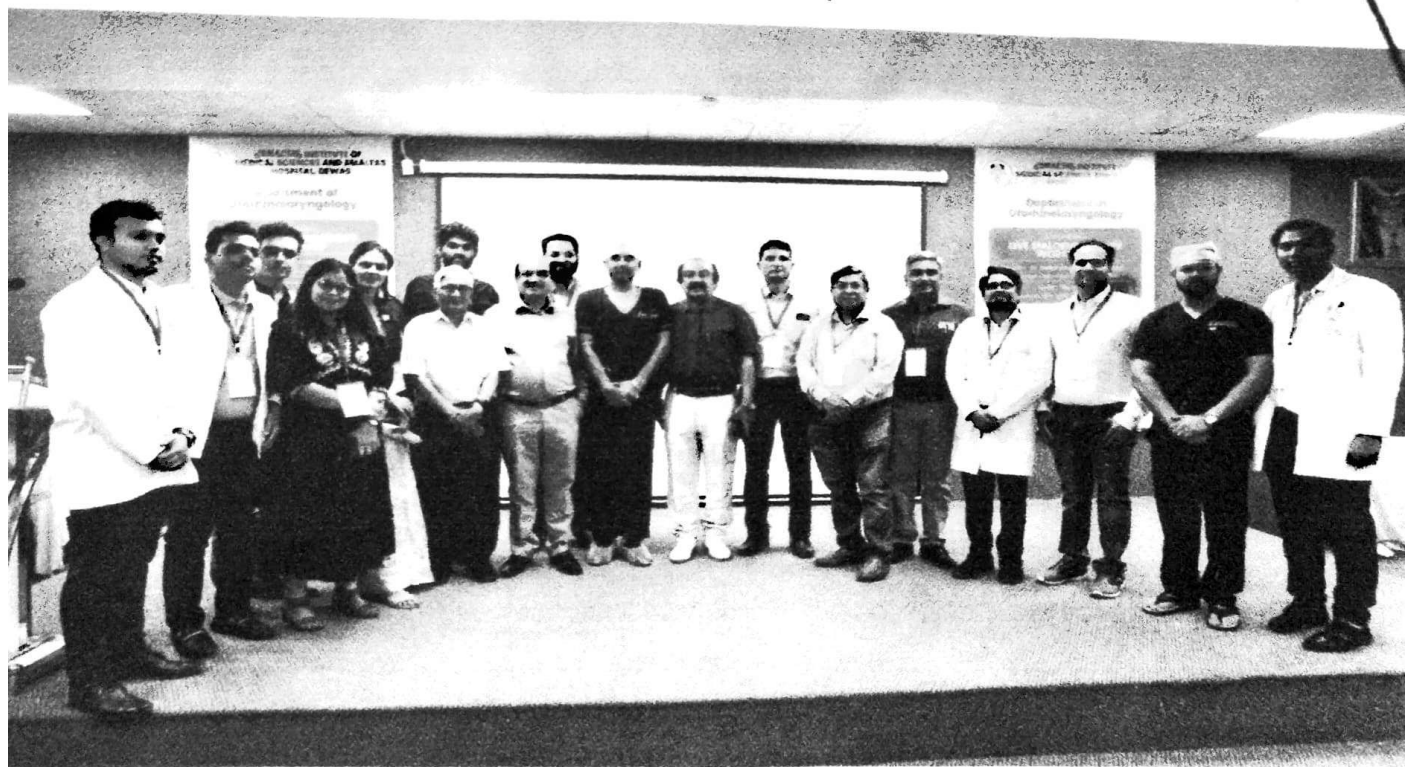
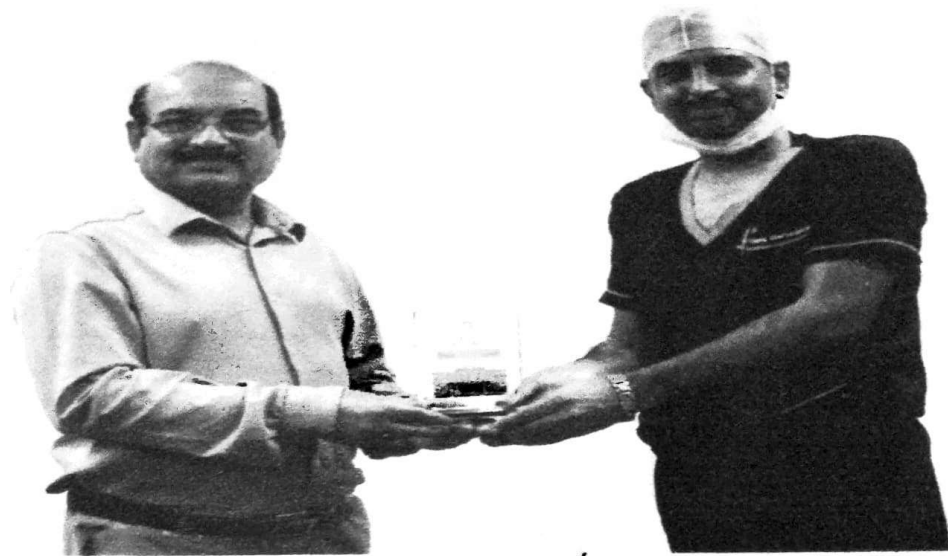
Departmental Activity Memo

Department of Otorhinolaryngology organized a Live Sialoendoscopy Workshop on 17/04/2025 Thursday at Amaltas Hospital, Dewas. Workshop was attended by more than 50 delegates from Dewas and neighbouring districts. PG Students of RD Gardi Medical College, Ujjain, Shri Aurobindo Institute of Medical Science, Indore, Index Medical College, Indore and Amaltas Institute of Medical Science, Dewas attended the workshop. Beside, workshop was also attended by the ENT specialist from neighbouring districts and PG Student of Department of Surgery Amaltas institute of medical science.

In Workshop a Lecture was Given by Dr. Vishal Hansrajani (Workshop Surgical Faculty) and Dr. Abhay Kumar Gupta (Workshop Co-Coordinator) Director Academics and Professor Head of the Department of Otorhinolaryngology on Sialoendoscopy and salivary glands disease and treatment. A Live Surgery and Sialoendoscopy demonstration was done by Dr. Vishal Hansrajani and it was shown live in auditorium to all workshop participants. Dean Colonel Dr. Abhilash Pithawa, gave welcome note and his insight on Sialoendoscopy and surgery of Salivary gland.

This was second live endoscopy workshop organized by Department of Otorhinolaryngology.


Dr. Abhay K. Gupta
H.O.D Academics
Reg. No. 11042
PROFESSOR & HEAD
DEPARTMENT OF ENT
AIMS, Dewas



Kilkari Abhiyan Program –13 June 2025

Discipline: Paediatrics Department, AIMS Dewas

Subject: Kilkari Abhiyan – Nutrition Distribution Program

Date : 13 June 2025

Venue: Mayank Hall, Amaltas Hospital

Organized By: Amaltas Institute of Medical Sciences, Dewas

Program Overview

Amaltas Medical College organized the “**Kilkari Abhiyan Program**” with the objective of preventing malnutrition among children, promoting proper nutrition, and creating awareness among mothers and caregivers regarding healthy dietary habits.

During the program, 45 children who had recovered from malnutrition were provided discharge support along with nutrition baskets by **District Panchayat CEO Mrs. Jyoti Sharma**. Nutritious food items such as dalia, chana, peanuts, jaggery, and fruits were distributed among the children. New clothes were also distributed for the welfare and wellbeing of the children.

Mothers and caregivers were provided nutrition charts and guidance regarding balanced diet, breastfeeding, hygiene, and proper child care practices to prevent the recurrence of malnutrition and ensure the healthy growth and development of children.

The program was attended by Vice Chancellor Dr. Sharad Chandra Wankhede, Dean Dr. A. K. Pithawa, Hospital Director Dr. Prashant, senior doctors, medical students, ASHA workers, Anganwadi workers, mothers, and healthcare staff.

Chairman Shri Mayankraj Singh Bhadoria highlighted the importance of nutrition awareness and community participation in improving child healthcare and reducing malnutrition in society. He emphasized the need for collective efforts to ensure a healthier future for children.

Objectives

- To promote proper nutrition and healthy growth among children.
- To create awareness regarding prevention of malnutrition.
- To provide nutritional support to recovered children.
- To educate mothers regarding balanced diet and healthy food habits.
- To encourage community participation in child healthcare programs.

Key Activities

- Distribution of nutrition baskets to 45 children.
- Distribution of nutritious food items and clothes.
- Nutrition counseling sessions for mothers and caregivers.
- Awareness programs regarding balanced diet and child care.
- Participation of doctors, medical students.

Highlights

- Nutritional support was provided to recovered children.
- Dalia, Chana, Peanuts, Jaggery, fruits, and clothes were distributed.
- Active participation of healthcare professionals and community workers.
- Awareness sessions were conducted for mothers and caregivers.
- Promotion of healthy dietary habits and child healthcare awareness.

Outcomes

- Increased awareness regarding child nutrition and prevention of malnutrition.
- Improved knowledge among mothers regarding healthy diet and child nutrition.
- Encouragement for regular health monitoring of children.
- Strengthened community participation in child healthcare programs.
- Better support for healthy growth and wellbeing of children.

Conclusion

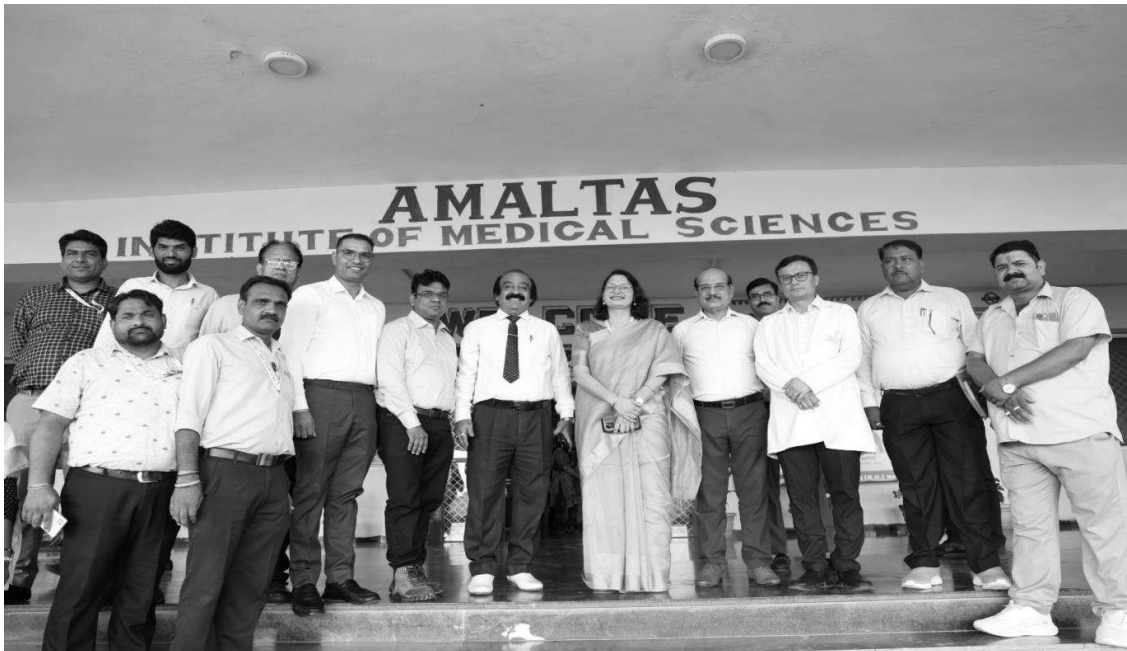
The "Kilkari Abhiyan – Nutrition Distribution Program" was successfully conducted by Amaltas Medical College, Dewas. The program helped spread awareness about child nutrition, healthy food habits, and prevention of malnutrition. It also encouraged community participation and supported the healthy growth and wellbeing of children.

Submitted By :-

Paediatrics Department, AIMS, Dewas


HOD
Department of Paediatric
Amaltas Institute of
Medical Sciences, Dewas (M.A.S.)





ORS (Oral Rehydration Solution) Day – 29 July 2025

Discipline: Paediatrics Department (Shishu Rog Vibhag) , AIMS Dewas

Subject: ORS (Oral Rehydration Solution) Day 2025 – Health Awareness Program on “Hydration is Health!”

Date: 29 July 2025

Venue: Paediatrics Department, AIMS Dewas

Organized By: Paediatrics Department , Amaltas Medical College, Dewas

Theme: “Hydration is Health!”

Overview

On 29 July 2025, the Department of Paediatrics (Shishu Rog Vibhag), Amaltas Institute of Medical Sciences, Dewas, organized ORS Day 2025 under the **Theme “Hydration is Health!”** The program was conducted under the guidance of Dr. Neha Kakani along with the Pediatric faculty and PG residents to spread awareness about proper hydration and the correct use of ORS in preventing dehydration, especially among children.

The event included health talks, demonstrations, posters, banners, skits, and interactive sessions educating patients, attendants, students, and the public about ORS preparation, dehydration prevention, and healthy hydration habits. The program successfully promoted awareness regarding the early management of dehydration and the importance of ORS in child healthcare.

Objectives

- To raise awareness regarding the importance of proper hydration.
- To educate participants about correct ORS preparation and administration.
- To prevent dehydration-related complications in children and adults.
- To encourage healthy hydration habits and preventive healthcare practices in the community.

Participants

- Paediatrics faculty & PG Residents
- MBBS Students – Final Part -II

Activities Conducted

- Health awareness talks by paediatrics specialists.
- Live demonstration of ORS preparation and administration.
- Poster and banner presentation on dehydration prevention. .
- Interactive discussions, skits, and role-play activities.

Outcomes

- Increased awareness regarding hydration and timely ORS use.
- Improved understanding of early signs and symptoms of dehydration.
- Correction of misconceptions related to packaged drinks and hydration.
- Promotion of preventive healthcare practices among children and families.
- Enhanced community participation in child health awareness activities.

Conclusion

The ORS Day 2025 awareness program was successfully organized by the Department of Paediatrics, Amaltas Institute of Medical Sciences, Dewas. The program helped increase awareness about the importance of hydration, early prevention of dehydration, and proper use of ORS. It also encouraged healthy practices and improved understanding of child healthcare among participants.

Submitted By :-

Paediatrics Department, AIMS, Dewas


HOD
Department of Paediatric
Amaltas Institute of
Medical Sciences, Dewas



 **AMALTAS INSTITUTE OF MEDICAL SCIENCES** 

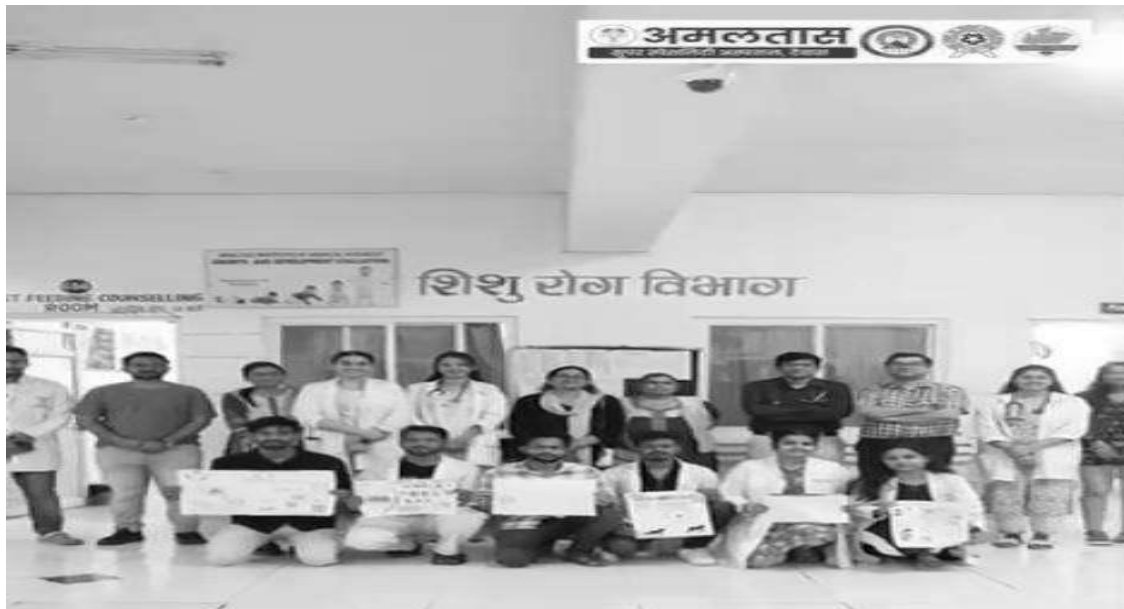
Department of Paediatrics,
Aims (Dewas)

ORS Day & Week Celebration

From- 25th to 31st July 2025
ORS Day- 29th July 2025

"ORS: A Simple Solution for a Healthier Future"

Campus: Amaltas University, Gram- Bangar, Dewas-Ujjain Highway, Dewas (M.P.) 455001



amaltassuperspecialtyhospital

Original audio



amaltassuperspecialtyhospital ORS Day 2025 – Hydration is Health!

हमारे अस्पताल में ORS डे मनाया गया ताकि सभी को डिहाइड्रेशन से बचने और सही तरीके से ORS लेने का महत्व समझाया जा सके।

पानी पिएं, स्वस्थ रहें, जीवन बचाएं!

#ORS #HydrationMatters #HealthAwareness #pediatric
#amaltashospitaldewas

4w See translation



96 likes

July 30



Add a comment...

Post

World Mental Health Day-10 Oct 2025

Discipline: Psychiatry Department, AIMS Dewas

Subject: "Mental Health — A Universal Human Right"

Date: 10 October 2025

Venue: AIMS Campus, Bangar Village

Organized By: Amaltas Institute of Medical Sciences in collaboration with Amaltas Institute of Nursing College

Workshop Overview

On the occasion of World Mental Health Day 2025, the Department of Psychiatry, AIMS Dewas, organized an awareness workshop themed "***Mental Health — A Universal Human Right***" with a special focus on "*Access to Services: Mental Health in Catastrophes and Emergencies.*"

The program was conducted on 10 October 2025 at AIMS Campus, Bangar Village, with the aim of promoting awareness regarding mental health issues, encouraging early intervention, and fostering positive thinking and emotional resilience for a healthier society.

The workshop was graced by the presence of Vice Chancellor Dr. Sharadchandra Wankhede, Registrar Mr. Sanjay Rambole, Hospital Director Dr. Prashant, along with distinguished faculty members, students, and administrative staff.

The event included awareness activities and interactive sessions that highlighted the importance of mental health care, especially during emergencies and crisis situations. Participants were encouraged to openly discuss emotional wellbeing and support systems available for mental health concerns.

Objectives

- To enhance public understanding of common mental health problems.
- To encourage open communication about emotions and feelings.
- To reduce fear, stigma, and misconceptions related to mental illness.
- To promote a healthy, positive, and supportive mindset.
- To create awareness regarding access to mental health services during emergencies.

Activities Conducted

- Public Awareness Rally to spread information on mental health
- Street Play (Nukkad Natak) highlighting mental health challenges during crises
- Interactive sessions on improving access to mental health services during emergencies
- Awareness discussions promoting emotional wellbeing and positive thinking

Outcomes

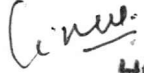
- Increased awareness regarding the importance of mental health
- Reduced stigma and misconceptions related to mental illness
- Encouraged individuals to seek help and support when needed
- Improved understanding of emotional wellbeing and positive thinking
- Strengthened community awareness regarding mental health services during emergencies

Conclusion

The World Mental Health Day 2025 program was successfully organized by the Psychiatry Department, AIMS Dewas, in collaboration with Amaltas Institute of Nursing College. The event effectively promoted awareness regarding mental health, emotional wellbeing, and access to mental health services during emergencies, while encouraging a supportive and positive approach toward mental healthcare in society.

Submitted By :-

Psychiatry Department, AIMS Dewas


HOD
Department of Psychiatry
Amaltas Institute of
Medical Sciences, Dewas





AMALTAS INSTITUTE OF MEDICAL SCIENCE, DEWAS

VILLAGE-BANGAR, DIST-DEWAS, UJJAIN-HIGH WAY ROAD, DEWAS (M.P.), Ph. No. 072724 82500

DEPARTMENT OF MICROBIOLOGY

Ref.No:AIMS/Micro/2026/47

REPORT OF ANTIMICROBIAL RESISTANCE AWARENESS PROGRAM

Event: World AMR Awareness Week 2025

Duration: 18 November to 24 November 2025

Organized by: Department of Microbiology

In Coordination with: Department of Pharmacology and Department of Pathology

Participants: Phase-2 (2nd Year MBBS Students)

Introduction

In accordance with World AMR Awareness Week observed from 18 November to 24 November 2025, the Department of Microbiology organized an "Antimicrobial Resistance Awareness Program." The event was conducted with supportive coordination from the Department of Pharmacology and Department of Pathology, ensuring an interdisciplinary approach. The program aimed to sensitize 2nd year MBBS students to the growing threat of antimicrobial resistance and promote rational use of antibiotics.

Objectives

1. To enhance understanding of antimicrobial resistance among Phase-2 MBBS students.
2. To encourage creative engagement with AMR concepts through student activities.
3. To spread public awareness regarding misuse of antibiotics and its consequences.
4. To foster interdepartmental collaboration on public health issues.

Activities Conducted

Date	Activity	Details
20 Nov 2025	AMR Awareness Session	Interactive session for 2nd year MBBS students covering mechanisms of resistance, causes of AMR, and role of physicians in antibiotic stewardship. Conducted by faculty from Microbiology, Pharmacology, and Pathology.
21 Nov 2025	Poster Preparation Competition	Theme: "AMR AWARENESS". Students prepared and displayed informative posters highlighting misuse of antibiotics, One Health approach, and prevention of resistance. Judged by faculty panel.
22 Nov 2025	Slogan Writing Competition & Presentation	Students composed and presented original slogans on AMR awareness. Emphasis was placed on public messaging and clarity of scientific concepts. Best entries were awarded.
24 Nov 2025	Rally for AMR Awareness	Students organized a rally within campus and nearby areas with placards and slogans to educate the public on rational antibiotic use and dangers of self-medication.

Outcome

1. **Student Engagement:** Active participation by Phase-2 students improved peer learning and awareness of AMR as a critical healthcare challenge.
2. **Interdisciplinary Learning:** Coordination between Microbiology, Pharmacology, and Pathology reinforced the integrated approach needed for antibiotic stewardship.



AMALTAS INSTITUTE OF MEDICAL SCIENCE, DEWAS

VILLAGE-BANGAR, DIST-DEWAS, UJJAIN-HIGH WAY ROAD, DEWAS (M.P.), Ph. No. 072724 82500

DEPARTMENT OF MICROBIOLOGY

3. **Public Outreach:** The rally extended awareness beyond the institution, engaging the community on preventive aspects of AMR.
4. **Creative Expression:** Poster and slogan competitions enabled students to communicate complex concepts in accessible formats.

Conclusion

The Antibiotic Resistance Awareness Program conducted during World AMR Awareness Week 2025 successfully met its objectives. The activities helped inculcate responsible antibiotic practices among future clinicians and spread the message of AMR prevention. Student groups were awarded 1st, 2nd and 3rd prizes for the competitions. The Department of Microbiology appreciates the support of the Departments of Pharmacology and Pathology and the enthusiastic participation of 2nd year MBBS students.

Submitted by

Prof. & HOD

Department of Microbiology
**Amaltas Institute of Medical Sciences,
Dewas, Madhya Pradesh**

Jr. Munesh Kumar Sharma
Professor & Head
Department of Microbiology
AIMS, Dewas (M.P.)

AMALTAS INSTITUTE OF MEDICAL SCIENCE, DEWAS

VILLAGE-BANGAR, DIST-DEWAS, UJJAIN-HIGH WAY ROAD, DEWAS (M.P.) -455001

DEPARTMENT OF MICROBIOLOGY

POSTER & SLOGAN WRITING COMPETITION JUDGED BY

S. NO.	JUDGE NAME	DEPARTMENT
01	DR. SONALI AGRAWAL	Prof & HOD, Department of Medicine, AIMS, Dewas
02	DR. NEHA KAKANI	Prof & HOD, Department of Pediatric, AIMS, Dewas
03	DR. PREM KRISHNAN V	Assistant Prof , Department of Medicine, AIMS, Dewas.

SLOGAN

Group-01

Ist Prize

S. NO.	NAME
01	PREETI
02	ANJALI
03	AAYUSHI

Group-02

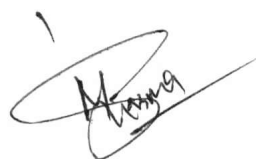
IInd Prize

S. NO.	NAME
01	SHIVANI
02	YASHVI SINGH
03	KIRAN

Group-03

IIIrd Prize

S. NO.	NAME
01	PRIYANSHI
02	ANANYA
03	AMARITIKA



Dr. Munesh Kumar Shrivastava
Professor & Head
Department of Microbiology
AIMS, Dewas (M.P.)

AMALTAS INSTITUTE OF MEDICAL SCIENCE, DEWAS

VILLAGE-BANGAR, DIST-DEWAS, UJJAIN-HIGH WAY ROAD, DEWAS (M.P.) -455001

DEPARTMENT OF MICROBIOLOGY

POSTER

Group-01

Ist Prize

S. NO.	NAME
01	CHARUL BHORE
02	NEHA JAIN
03	SUYASH
04	SANCHAN
05	UDITI
06	SUVIDHI

Group-02

IInd Prize

S. NO.	NAME
01	ANANYA AGRAWAL
02	ARZOO QUERESHI
03	KHAGENDRA NAYAK
04	KHUSHALI SONI
05	PRATIBHA BAGHEL
06	RISHITA VERMA

Group-02

IIIrd Prize

S. NO.	NAME
01	YASHVI
02	SHIVANI BARDEWAS


Dr. Munesh Kumar Sharma
Professor & Head
Department of Microbiology
AIMS, Dewas (M.P.)

माँ भगवती टाइम्स

देवास 24 नवंबर 25 सोमवार

DIGITAL
NEWS

रघुनंदन समाधिया संपादक

अमलतास मेडिकल कॉलेज, देवास में विश्व एंटीमाइक्रोबियल रेजिस्टेंस (AMR) जागरूकता सप्ताह का आयोजन

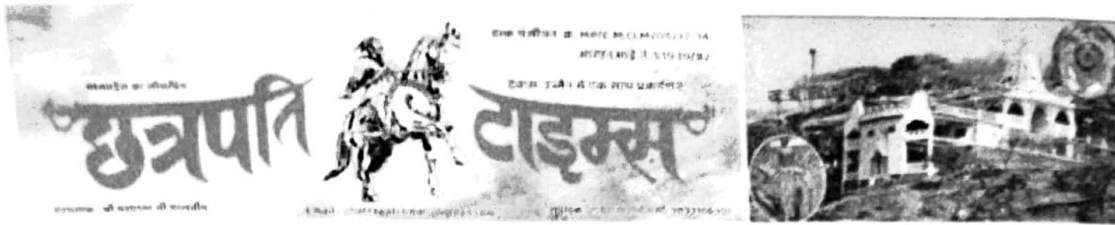
देवास- अमलतास मेडिकल कॉलेज में विश्व एंटीमाइक्रोबियल रेजिस्टेंस (AMR) जागरूकता सप्ताह 18 से 24 नवंबर तक आयोजित किया गया। इस अवसर पर डीन डॉ. ए.के. पीठवा के मार्गदर्शन तथा माइक्रोबायोलॉजी विभाग के प्रमुख डॉ. मुनेश कुमार शर्मा की देखरेख में इस दौरान विभिन्न जागरूकता गतिविधियाँ संपन्न हुईं। कार्यक्रम के अंतर्गत मेडिकल छात्रों द्वारा पोस्टर प्रदर्शनी, जागरूकता रैली, और शपथ ग्रहण आयोजन किए गए, जिनका उद्देश्य एंटीबायोटिक के समुचित उपयोग के प्रति समाज और चिकित्सा विद्यार्थियों में जागरूकता बढ़ाना था। इस अवसर पर विभिन्न विभागों के विशेषज्ञों ने एंटीबायोटिक के तर्कसंगत एवं जिम्मेदार उपयोग की आवश्यकता पर जोर दिया। फार्माकोलॉजी विभाग के प्रमुख डॉ. महेश जैन, पैथोलॉजी



विभाग की प्रमुख डॉ. ममता गुप्ता तथा अन्य विशेषज्ञों ने बताया कि एंटीबायोटिक का गलत या अधिक प्रयोग सूक्ष्मजीवों में प्रतिरोध विकसित कर देता है, जिससे दवाओं का प्रभाव कम हो जाता है और उपचार जटिल हो सकता है। विशेषज्ञों ने अपील की कि मरीज हमेशा डॉक्टर द्वारा लिखी गई दवाओं को निर्धारित अवधि और सही मात्रा में ही लें, ताकि उपचार प्रभावी रहे और प्रतिरोध की समस्या न बढ़े। कार्यक्रम के दौरान यह भी समझाया गया कि एंटीमाइक्रोबियल रेजिस्टेंस (AMR) वह स्थिति है जिसमें बैक्टीरिया, वायरस, कवक और परजीवी दवाओं के प्रति प्रतिरोध विकसित कर लेते हैं। इस जागरूकता सप्ताह का मुख्य उद्देश्य संक्रमण नियंत्रण की सर्वोत्तम पद्धतियों को अपनाने तथा एंटीबायोटिक उपयोग में विवेक को प्रोत्साहित करना रहा। अस्पताल निदेशक डॉ. प्रशांत ने एंटीमाइक्रोबियल स्ट्रीटवर्डशिप की अवधारणा पर भी प्रकाश डाला, जो अस्पतालों और समुदाय में दवा उपयोग के सुव्यवस्थित एवं समन्वित प्रबंधन की दिशा में एक महत्वपूर्ण कदम है। अमलतास मेडिकल कॉलेज के चेयरमैन श्री मयंक राज सिंह भदौरिया जी द्वारा बताया गया कि विश्व एंटीमाइक्रोबियल रेजिस्टेंस (AMR) जागरूकता सप्ताह का आयोजन अमलतास मेडिकल कॉलेज में हमारे शैक्षणिक दायित्व और सामाजिक उत्तरदायित्व का प्रतीक है। एंटीबायोटिक प्रतिरोध आज वैश्विक स्वास्थ्य के लिए एक गंभीर चुनौती है, और इसका समाधान जागरूकता, वैज्ञानिक समझ और जिम्मेदार चिकित्सा व्यवहार में निहित है। मुझे गर्व है कि हमारे विद्यार्थी, संकाय सदस्य और चिकित्सकीय विशेषज्ञ इस दिशा में सक्रिय योगदान दे रहे हैं। मेरा संदेश है कि हम सभी मिलकर एंटीबायोटिक के विवेकपूर्ण उपयोग को बढ़ावा दें और आने वाली पीढ़ियों के लिए सुरक्षित स्वास्थ्य व्यवस्था सुनिश्चित करें।



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जागरूकता सप्ताह देवास अमलतास मेडिकल कॉलेज, में विश्व एंटीमाइक्रोबियल रेजिस्टेंस (AMR) जागरूकता सप्ताह का आयोजन....



देवास । अमलतास मेडिकल कॉलेज में विश्व एंटीमाइक्रोबियल रेजिस्टेंस (AMR) जागरूकता सप्ताह 18 से 24 नवंबर तक आयोजित किया गया। इस अवसर पर डीन डॉ. ए.के. पीठवा के मार्गदर्शन तथा माइक्रोबायोलॉजी विभाग के प्रमुख डॉ. मुनेश कुमार शर्मा की देखरेख में इस दौरान विभिन्न जागरूकता गतिविधियाँ संपन्न हुईं। कार्यक्रम के अंतर्गत मेडिकल छात्रों द्वारा पोस्टर प्रदर्शनी, जागरूकता रैली, और शपथ ग्रहण आयोजन किए गए, जिनका उद्देश्य एंटीबायोटिक के समुचित उपयोग के प्रति समाज और चिकित्सा विद्यार्थियों में जागरूकता बढ़ाना था। इस अवसर पर विभिन्न विभागों के विशेषज्ञों ने एंटीबायोटिक के तर्कसंगत एवं जिम्मेदार उपयोग की आवश्यकता पर जोर दिया। फार्माकोलॉजी विभाग के प्रमुख डॉ. महेश जैन, पैथोलॉजी विभाग की प्रमुख डॉ. ममता गुप्ता तथा अन्य विशेषज्ञों ने बताया कि एंटीबायोटिक का गलत या अधिक प्रयोग सूक्ष्मजीवों में प्रतिरोध विकसित कर देता है, जिससे दवाओं का प्रभाव कम हो जाता है और उपचार जटिल हो सकता है। विशेषज्ञों ने अपील की कि मरीज हमेशा डॉक्टर द्वारा लिखी गई दवाओं को निर्धारित अवधि और सही मात्रा में ही लें, ताकि उपचार प्रभावी रहे और प्रतिरोध की समस्या न बढ़े। कार्यक्रम के दौरान यह भी समझाया गया कि एंटीमाइक्रोबियल रेजिस्टेंस (AMR) वह स्थिति है

जिसमें बैक्टीरिया, वायरस, कवक और परजीवी दवाओं के प्रति प्रतिरोध विकसित कर लेते हैं। इस जागरूकता सप्ताह का मुख्य उद्देश्य संक्रमण नियंत्रण की सर्वोत्तम पद्धतियों को अपनाने तथा एंटीबायोटिक उपयोग में विवेक को प्रोत्साहित करना रहा। अस्पताल निदेशक डॉ. प्रशांत ने एंटीमाइक्रोबियल स्टीवर्डशिप की अवधारणा पर भी प्रकाश डाला, जो अस्पतालों और समुदाय में दवा उपयोग के सुव्यवस्थित एवं समन्वित प्रबंधन की दिशा में एक महत्वपूर्ण कदम है। अमलतास मेडिकल कॉलेज के चेयरमैन श्री मयंक राज सिंह भदौरिया जी द्वारा बताया गया कि "विश्व एंटीमाइक्रोबियल रेजिस्टेंस (AMR) जागरूकता सप्ताह का आयोजन अमलतास मेडिकल कॉलेज में हमारे शैक्षणिक दायित्व और सामाजिक उत्तरदायित्व का प्रतीक है। एंटीबायोटिक प्रतिरोध आज वैश्विक स्वास्थ्य के लिए एक गंभीर चुनौती है, और इसका समाधान जागरूकता, वैज्ञानिक समझ और जिम्मेदार चिकित्सा व्यवहार में निहित है। मुझे गर्व है कि हमारे विद्यार्थी, संकाय सदस्य और चिकित्सकीय विशेषज्ञ इस दिशा में सक्रिय योगदान दे रहे हैं। मेरा संदेश है कि हम सभी मिलकर एंटीबायोटिक के विवेकपूर्ण उपयोग को बढ़ावा दें और आने वाली पीढ़ियों के लिए सुरक्षित स्वास्थ्य व्यवस्था सुनिश्चित करें।"

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